

What is important to me

- ◆ Being with family, husband Neil, Daughters Sarah & Jo, Son Tom and Grandson George
- ◆ Spending quality time with my best friend and if not possible speaking over the phone every day
- ◆ Be able to support my Mum by ensuring that I visit at least 3 times a week,.
- ◆ To lead by example
- ◆ Having my Kindle with me when away with work as it helps me relax in the evenings
- ◆ Having a glass of wine or two to end the stressful days
- ◆ To be honest and open and someone that people can always depend upon to support them with an open door approach
- ◆ Achieving goals that I set myself at work even though at times this is very challenging



What others admire & like about me

- ◆ Reliable
- ◆ Always willing to help others
- ◆ Trustworthy
- ◆ Good Friend
- ◆ Kind and considerate
- ◆ Always up for a laugh

How best to support me

- ◆ Be open and honest but not overly critical
- ◆ Raise any issues at an early stage, don't let them fester I may be able to help!
- ◆ Set realistic deadlines that are achievable
- ◆ Do not invade my personal space when I am busy - I will make time for you
- ◆ Allow me time to be with my family when they need me
- ◆ Have information to hand when needed
- ◆ Always have a bottle of wine handy!!! Works everytime!